



5. Nóv 2005 Íþróttahöllinni Akureyri Millitímar

	Hjól	Róður	Niðurtog	Fótalyftur	Írmbeygj.	Uppstig	Uppsetur	Axlapr.	Hlaupabr.	Bekkpr.
Konur	1	2	3	4	5	6	7	8	9	Tími
Ingibjörg Helga Birgisdóttir	2:40	5:06	6:17	7:26	8:05	12:04	13:07	13:53	20:40	22:08:56
Aðalbjörg Þorvarðardóttir	2:43	5:02	6:21	8:10	10:08	18:08	Hætti			
Hrönn Svansdóttir	2:45	5:06	6:32	7:47	8:49	12:35	14:53	16:04	22:37	26:19:02
Dóra Björnsdóttir	3:14	5:47	7:04	8:27	9:22	13:30	14:50	15:38	23:48	26:21:12
Gígja Hrönn Árnadóttir	2:25	4:31	5:07	6:03	8:08	12:53	13:54	14:46	22:34	25:43:95
Marianne Sigurðardóttir	2:22	4:43	6:22	8:01	8:56	13:20	14:17	15:36	22:26	24:57:00
Guðríður Torfadóttir	2:22	4:31	5:20	6:07	7:07	10:28	11:24	12:15	18:17	21:08:24
Sólrun Sigurðardóttir	2:30	4:39	5:26	6:15	7:52	11:51	12:54	13:34	19:40	21:06:00
Brynja Viðarsdóttir	2:39	5:00	6:02	7:07	8:00	12:00	13:10	14:03	22:00	24:35:45
Puríður Guðbjörnsdóttir	2:25	4:42	5:40	6:29	7:11	10:55	11:50	12:24	18:21	19:12:60
Kristjana Hildur Gunnarsdóttir	2:18	4:27	5:22	6:19	6:48	10:16	11:10	11:45	16:39	18:08:36
Diana Óskarsdóttir	2:46	5:10	6:00	6:53	7:31	10:55	12:03	12:41	19:07	21:14:22
Þórdís Erla Þórðardóttir	3:00	5:28	6:28	7:27	8:08	11:55	13:12	13:54	20:32	22:25:39
Elisabet Kristjánsdóttir	2:51	5:11	6:17	7:30	8:59	13:00	14:01	15:14	23:30	26:40:03
Barbara María Geirsdóttir	2:30	4:55	5:59	7:00	7:54	12:35	14:00	14:49	22:38	23:47:56
María Óladóttir	2:32	4:41	5:36	6:52	7:40	11:18	12:28	13:08	19:56	Hætti

	Hjól	Róður	Niðurtog	Fótalyftur	Írmbeygj.	Uppstig	Uppsetur	Axlapr.	Hlaupabr.	Bekkpr.
Karlar	1	2	3	4	5	6	7	8	9	Tími
Júlíus Júlíusson	2:42	4:40	6:09	7:27	10:00	15:26	17:20	19:20	26:57	31:41:03
Óskar Einarsson	2:21	4:16	5:39	6:41	7:43	11:39	13:38	14:31	22:06	25:41:01
Ívar Ísak Guðjónsson	2:32	4:39	5:41	6:44	7:42	11:44	13:18	14:21	21:20	23:13:52
Hilmir Freyr Jónsson	2:34	4:37	5:42	6:50	7:56	13:06	14:38	15:28	22:18	24:00:58
Hakan Gultekin	2:37	4:40	5:27	6:13	7:14	10:50	12:13	13:42	21:54	26:43:00
Unnsteinn Jónsson	2:33	4:36	5:32	6:30	7:39	11:24	12:29	13:18	19:45	23:02:89
Hjörtur Grétarsson	2:14	4:21	5:14	6:15	7:48	11:10	12:11	12:55	18:26	20:32:67
Róbert Traustason	2:25	4:20	5:01	5:46	6:20	9:21	10:19	10:50	16:57	17:59:18
Hilmar Þór Ólafsson	2:16	4:18	5:12	5:53	6:26	9:45	10:31	11:02	16:26	17:34:29
Guðlaugur B. Aðalsteinsson	2:21	4:25	5:16	6:04	6:55	10:40	11:48	12:25	17:57	19:08:43
Þorsteinn Hjaltason	2:15	4:19	5:04	5:51	6:29	9:58	10:57	11:31	17:15	17:52:50
Torben Gregersen	2:03	3:57	4:36	5:20	6:09	9:10	9:54	10:22	15:22	16:17:29
Ægir Reynisson	2:26	4:27	5:06	5:48	6:25	9:25	10:12	10:42	16:21	18:01:84
Pálmar Hreinsson	2:02	3:53	4:38	5:19	6:02	9:01	9:48	10:16	14:27	15:43:28
Will Withmore	2:09	4:05	4:48	5:33	6:07	9:09	9:58	10:28	14:55	15:47:42
Ari Eyberg	2:36	4:33	5:29	6:32	7:43	12:40	Náð			
Hrólfur Þórarinnsson	xx.xx	4:11	5:12	6:05	7:18	Hætti				
Evert Víglundsson	2:22	4:21	5:06	5:55	6:32	9:35	10:20	10:53	16:51	17:41:70
Jón Hjaltason	2:10	4:15	5:03	5:48	6:25	10:01	10:50	11:21	16:54	17:37:09
Arnaldur Birgir Konráðsson	2:32	4:34	5:13	6:04	6:53	10:13	11:14	11:52	19:09	20:09:28

	Hjól	Róður	Niðurtog	Fótalyftur	Írmbeygj.	Uppstig	Uppsetur	Axlapr.	Hlaupabr.	Bekkpr.
Liðakeppni kvenna	1	2	3	4	5	6	7	8	9	Tími
Bjöllurnar	2:11	4:22	5:02	5:56	6:17	9:08	9:39	10:09	15:38	16:38:69
ISF	2:03	4:13	4:52	5:33	6:00	8:22	9:04	9:30	14:24	15:56:23
Fimm Fræknar	2:17	4:15	4:54	5:45	6:06	8:49	9:27	9:53	14:32	16:39:34
Víkingasveitin	2:07	4:05	4:40	5:28	5:48	8:21	8:55	9:19	13:37	14:39:30

	Hjól	Róður	Niðurtog	Fótalyftur	Úrmbeygj.	Uppstig	Uppsetur	Axlapr.	Hlaupabr.	Bekkr.
Liðakeppni karla	1	2	3	4	5	6	7	8	9	Tími
Elite	2:01	3:46	4:14	4:56	5:30	7:45	8:18	8:41	12:31	14:23:73
Nöldur og Nagg rauðir	1:56	3:44	4:20	5:03	5:29	8:16	8:57	9:24	13:30	14:07:00
Lífstíll Karlar	1:52	3:48	4:30	5:13	5:41	8:20	9:01	9:26	13:08	14:33:14
Gymps	2:02	4:00	4:35	5:19	5:52	8:48	9:16	9:41	13:09	13:45:21
SWAT	2:05	3:46	4:20	4:55	5:21	7:26	7:58	8:21	12:08	12:39:86
Grumpy Young Men	1:54	3:29	4:06	4:44	5:12	7:38	8:12	8:33	12:17	12:47:18

Birt með fyrirvara um innsláttarvillur.